



Essentials Plan

With AllyHealth you can visit with a doctor 24/7 from your home, office, or on the go, with no co-pays or consultation fees to you and your family! And now with our Essentials Plan, you can connect with Mental Health providers, too! Plus, all of our plans include access to our industry-leading Rx and Medical Bill savings programs —helping you save time, money, and frustration.



FAST AND CONVENIENT ACCESS TO QUALITY CARE 24 hours a day 7 days a week 365 days a year

FEATURES AND BENEFITS OF ALLYHEALTH

- No co-pays, deductibles, or per-call charges*
- Prescriptions called in to your local pharmacy
- Avoid germ-filled waiting rooms
- Medical visits available 24/7/365, on-demand. Anytime. Anywhere.
- Mental health visits available in a week or less
- Plan covers the entire family
- Flexible and easy to use (available via web, mobile app, or simply by phone)
- Rx savings program offers up to 85% discounts at retail pharmacies
- Medical bill negotiation service can help you save on all your medical bills

ALLYHEALTH ONLINE MEDICAL SERVICES INCLUDE

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Telemedicine
 Our network of doctors and pediatricians can diagnose, treat and prescribe for you and your family, 24/7 on your schedule. Anytime. Anywhere. With no consult fees!
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Mental Health
 Connect with a licensed therapist, psychologist, or other behavioral health specialist from home, the office, or on the go via secure video. 100% private and confidential, with free visits included in your plan*!
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Medical Bill Saver
 Medical Bill Saver is your expert source to review and negotiate out-of-pocket health care costs.
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Prescription savings
 The Prescription Discount Card saves you money on prescription medications. Simply present your card at a participating pharmacy to instantly receive substantial discounts on prescription medications.

COMMON CONDITIONS WE TREAT

Telemedicine

- Acne
- Allergies
- Asthma
- Bronchitis
- Cellulitis
- Cold & Flu
- Sunburn
- Sore Throat
- Fever
- Gout
- Headache
- Infections
- Insect Bites
- Rashes
- Diarrhea
- Ear Infection
- Sinus Infection
- Constipation
- Skin Inflammations
- Urinary Tract Infection
- Joint Aches & Pains
- And more...

Mental Health

- Addictions
- Bipolar Disorders
- Child and Adolescent Issues
- Depression
- Eating Disorders
- Grief and Loss
- Life Changes
- Men's Issues
- Panic Disorders
- Parenting Issues
- Postpartum Depression
- Relationship and Marriage Issues
- Stress
- Trauma and PTSD
- Women's Issues
- And more

24/7/365 On-Demand Care. Anytime. Anywhere

www.AllyHealth.net

THIS PLAN IS NOT INSURANCE and is not intended to replace insurance or a primary care physician relationship. Consultations with our doctors are \$0 (subject to usage limitations). Mental health visits include 3 clinical hours of talk therapy per family per year at no charge for voluntary plans, or up to 10 clinical hours of talk therapy per family per year at no charge for employer-paid plans. Additional visits may be available on a fee for service basis. If you have any questions about your plan or visit costs, please contact customer support at support@allyhealth.net.